

Privacy Policy

Q4 Management Limited is fully compliant with EU General Data Protection Regulations (GDPR) and is committed to EU data protection requirements where appropriate.

Other than private and personal information that is made available during a specific coaching or business mentoring session, Q4 Management Limited does not collect or retain any personally identifiable information (personal information)

Personal information means any information that may be used to identify an individual, including, but not limited to, a first and last name, a home or other physical address, an email address or other contact information; whether at work or at home. You can visit our web pages (www.q4management.com) without any requirement to reveal any personal information about yourself.

How do we collect personal information about you?

You supply information to us by writing, faxing, emailing or telephoning us.

How is your personal information used?

We will only use personal information collected about you to respond to an enquiry made by you.

Who is your information used by?

We will not disclose your information to or share your information with other parties.

Accessing and updating your information

Throughout a business mentoring or coaching programme, we will most probably gather some personal information as part of the process, but all this information is revealed to you throughout the programme. However, you may request a copy of the information that we have about you by contacting us at any time. You are fully entitled to have your information removed from our database by sending an email to Nicholas.watkins@q4management.com and we will endeavour to ensure that any personal data will be removed from our database within three days of your request.

All information, in all forms, is deleted five years after the end of the programme.

Mailing list

We do not operate a mailing list.

How do we protect your information?

We follow security procedures in the storage and disclosure of information that you have given us. This is to prevent your personal information being accessed by unauthorised persons. We keep your information confidential and store it securely from the outside world.

What are cookies and how do we deal with them?

A cookie is a piece of information that is stored on your computer's hard drive. It is normally sent by a web server to you and enables the server to collect information back from your site visit. We do not use cookies.

How to contact us

Via e mail Nicholas.watkins@q4management.com

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